

## Sefton Local Transformation Plan for Children and Young People's Mental Health and Wellbeing - 2015-2020:

### Position at 31/10/16

In December 2015 Sefton Local Transformation Plan (LTP) for Children and Young People's Mental Health and Wellbeing was assured and additional targeted income started to flow through the CCGs to be used to implement the LTP.

The LTPs continue to be a key focus of national strategy, planning and scrutiny – including NHS Planning Guidance and Sustainability and Transformation Plans (STP). The progress and use of the transformation monies are being scrutinised closely with regular assurance flowing through different mechanisms to NHS England as well as the Health & Wellbeing Board.

The key workstreams of the LTP are:

Workstream 1: Eating Disorders.
Workstream 2: Perinatal Care.
Workstream 3: Reducing demand and early intervention.
Workstream 4: Increased and improved support for vulnerable individuals and complex cases.
Workstream 5: Capacity to improve services

The actual expenditure for 2015/2016 and actual/planned expenditure is attached and is linked to the workstreams above. However, priority has been given to reducing local waiting times so that the other developments can be progress without being over shadowed by waiting time issues.

Waiting times are now down to 6 weeks from referral to treatment, that is to say if a referral was made today an assessment and treatment would begin within 6 weeks. This is amongst the best performance within CAMHS nationally.

In addition supporting the CYPIAPT programme has been prioritised as it underpins wider system capacity and capability. This has seen a further 10 local trainees (from CYPIAPT partners including the LA and VCF) taking up places on training for 2016/2017.

A compliant Specialist Community Eating Disorder service (jointly developed with Liverpool CCG) began to be implemented from April 2016 and is funded with specific identified resource (which has been fully utilised).

Perinatal developments have been and continue to be mainly delivered from a national level with the first stage being new Mother & Baby Units and latterly call for Specialist Perinatal Teams on a sub-regional footprint. However, the LTP is committed to continuing to support the provision of early support in early years settings through ongoing training.

In October 2016 a further announcement was made that further resource was being released to support the LTPs (mainly from bringing forward a planned 17/18 uplift). This additional resource is focussed on 3 key areas:

- Targeting waiting times.
- Supporting CYPIAPT places.
- Developing Home Based Treatment to support tier 4 inpatient pathways (to reduce beds and reduced length of stay).

Sefton has made very progress against the first two items and the next stage of the LTP is to make these sustainable.

Due to the specialist nature of the last point, in particular the likelihood that a sustainable and viable model can only be delivered with a larger cohort we have agreed to initially begin discussions with Liverpool CCG around Home Based Treatment. This builds on the successful work done re: Specialist Eating Disorders, our LDS footprint and the fact we share the same CAMHS and Adult MH providers. Detailed plans will need to be submitted and subsequently assured by the end of November. This is additionally important as some of this additional resource is dependent upon these plans being assured.

The LTP continues to be developed and overseen by the CYP Emotional Health & Wellbeing Steering Group. A refresh of the LTP was due on 31/10/16, however the local CYP Emotional Health & Wellbeing Strategy (that has been extensively consulted on) has not yet completed its journey through Council committees etc. and the LTP cannot usefully be refreshed before this is finalised. NHSE have been advised.

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**31/10/16**

